

Work in the United States is not guaranteed, nor promised, to foreign nationals entering the country on a student visa. The reality is that it can be very difficult to find employment in the U.S. as an international student, especially in light of quotas set on the number of skilled foreign workers legally permitted in the country.

If you are an international student wishing to seek employment in the US, you must first know and understand:

1. Relevant immigration laws and your employment eligibility
2. The duration of employment that you might qualify for during (Curricular Practical Training) and/or after your studies (Optional Practical Training or typically H-1B)

If you are uncertain or confused about your employment eligibility, please visit the Office of International Programs for assistance. (662-915-7404)

Once you confirm that you are eligible to seek employment in the United States, visit *GoinGlobal* – a free resource for Ole Miss students that includes H-1B information and a list of employers who have sponsored H-1B visas in the past. (Access it via Handshake.) As you will likely experience cultural differences in the job search, make sure to visit the Career Center for workshops about the U.S. resume, job application and interview processes so that you will know how to best proceed. You may also schedule appointments with staff for individual assistance.

In the meanwhile, make sure to use your time at Ole Miss wisely to network. Conduct informational interviews, gain fluency in English, and build experience through internships or volunteering. These activities will enhance your chances of job search success.